

Run for Recovery on 4/18/2026

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5k Overall (https://strictlyrunning.com/json/Index_JS_C4.asp?uYear=2026&uRaceId=4813&uEvent=5k)

5k Awards (https://strictlyrunning.com/json/Index_JS_Age.asp?uYear=2026&uRaceId=4813&uEvent=5kAwards)

1.8M Overall (https://strictlyrunning.com/json/Index_JS_C4.asp?uYear=2026&uRaceId=4813&uEvent=1.8M)

1.8M Awards (https://strictlyrunning.com/json/Index_JS_Age.asp?uYear=2026&uRaceId=4813&uEvent=1.8MAwards) U.S.A. Track & Field

Correction Request Email
gstrictlyrunnin@sc.rr.com

5k Award Results

MALE OVERALL WINNER(S)	Bib	Name		Age	Sex	City	State	Time	Pace
1st	953	DEREK GREEN JR		14	M	Blythewood	SC	20:30	6:36
FEMALE OVERALL WINNER(S)	Bib	Name		Age	Sex	City	State	Time	Pace
1st	947	LUCY CYR		25	F			25:29	8:13
MALE AGE GROUP: 2 - 12	Bib	Name		Age	Sex	City	State	Time	Pace
No Participation									
FEMALE AGE GROUP: 2 - 12	Bib	Name		Age	Sex	City	State	Time	Pace
No Participation									
MALE AGE GROUP: 13 - 19	Bib	Name		Age	Sex	City	State	Time	Pace
1st	964	ROBERT MALBETON JR.		14	M	Columbia	SC	28:59	9:20
FEMALE AGE GROUP: 13 - 19	Bib	Name		Age	Sex	City	State	Time	Pace
No Participation									
MALE AGE GROUP: 20 - 29	Bib	Name		Age	Sex	City	State	Time	Pace
1st	972	MALIK PETE		29	M			21:06	6:48
2nd	943	BENJAMIN CHAPIN		26	M			38:16	12:19
FEMALE AGE GROUP: 20 - 29	Bib	Name		Age	Sex	City	State	Time	Pace
1st	965	VALENTINA MENDEZ		29	F			27:18	8:48
2nd	946	MAKENZIE COTHRAN		28	F			28:50	9:17
3rd	984	MICHAELA WHITAKER		23	F			30:04	9:41
MALE AGE GROUP: 30 - 39	Bib	Name		Age	Sex	City	State	Time	Pace
1st	944	JONATHAN CHIU		31	M			26:55	8:40
2nd	955	EVAN HALLERAN		34	M			30:51	9:56
3rd	957	KYLE HAYNES		30	M	Winnboro	SC	32:20	10:25
FEMALE AGE GROUP: 30 - 39	Bib	Name		Age	Sex	City	State	Time	Pace
1st	950	CONNIE EDWARDS		38	F			32:30	10:28
2nd	970	LIBBY NORTON		30	F	Columbia	SC	34:35	11:08
3rd	968	SHAYQUELL MITCHELL		31	F	Columbia	SC	40:45	13:07
MALE AGE GROUP: 40 - 49	Bib	Name		Age	Sex	City	State	Time	Pace
1st	954	DEREK GREEN SR		48	M	Blythewood	SC	27:23	8:49
2nd	977	ZADE NAHHAS		44	M	Columbia	SC	31:17	10:04
3rd	959	SAM HUNTE		47	M	Blythewood	SC	31:47	10:14
FEMALE AGE GROUP: 40 - 49	Bib	Name		Age	Sex	City	State	Time	Pace

	2nd	979	LEAH	SLOSS	40	F	Columbia	SC	30:38	9:52
	3rd	982	RUTH ANN	WEST	47	F	Winnboro	SC	43:10	13:54
MALE AGE GROUP: 50 - 59		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	976	ERIC	ROSDAIL	58	M	Sumter	SC	22:23	7:13
	2nd	985	ERIC	WILLIAMS	52	M	Columbia	SC	25:57	8:22
	3rd	941	JOSEPH	BROWN	51	M	Columbia	SC	31:57	10:17
FEMALE AGE GROUP: 50 - 59		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	938	MARYEILEEN	APPIO	57	F			32:08	10:21
	2nd	987	TRACY	WILLIAMS	51	F	Columbia	SC	33:17	10:43
	3rd	940	STACEY	BRANHAM	59	F	Winnboro	SC	33:45	10:52
MALE AGE GROUP: 60 - 79		Bib	Name		Age	Sex	City	State	Time	Pace
No Participation										
FEMALE AGE GROUP: 60 - 79		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	975	MARTHA	ROGERS	72	F			56:53	18:19
MALE AGE GROUP: 80 - 98		Bib	Name		Age	Sex	City	State	Time	Pace
No Participation										
FEMALE AGE GROUP: 80 - 98		Bib	Name		Age	Sex	City	State	Time	Pace
No Participation										

Useful Links

Advertise

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Confirm Group Entries

Event Director Services (<https://strictlyrunning.com/edscrignx1.asp>)

Store Front

Clearance Sale (<https://strictlyrunning.com/adSalesPage.asp>)

Location (https://www.google.com/maps/@33.9984348,-81.0081945,3a,75y,9.42h,81.68t/data=!3m7!1e1!3m5!1svVXsHPF-22azKRD9-DUI2A12e016s%2F%2Fgeo3.ggpht.com%2Fcbk%3Fpanoid%3DvVXsHPF-22azKRD9-DUI2A%28output%3Dthumbnail%26cb_client%3Dmaps_sv.tactile.gps%26thumb%3D2%26w%3D203%26h%3D100%26yaw%3D185.05431%26pitch%3D0!7!133128!6656)

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Our Vendors (<https://strictlyrunning.com/adVendors.asp>)

Education Center

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Get Connected

2515 Devine Street * Columbia SC 29205 * 803-799-iRun(4786)

Get directions (https://www.google.com/maps/@33.9984348,-81.0081945,3a,75y,9.42h,81.68t/data=!3m7!1e1!3m5!1svVXsHPF-22azKRD9-DUI2A12e016s%2F%2Fgeo3.ggpht.com%2Fcbk%3Fpanoid%3DvVXsHPF-22azKRD9-DUI2A%28output%3Dthumbnail%26cb_client%3Dmaps_sv.tactile.gps%26thumb%3D2%26w%3D203%26h%3D100%26yaw%3D185.05431%26pitch%3D0!7!133128!6656)

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Monday-Friday 10:00am-6:00pm, Saturday 10:00am-6:00pm and Sunday 2:00pm-6:00pm

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