Run for Recovery on 4/19/2025

 $5k\ Overall\ (https://www.strictlyrunning.com/json/Index_JS_C4.asp?uYear=2025\&uRaceId=4543\&uEvent=5k)$

5k Awards (https://www.strictlyrunning.com/json/Index_JS_Age.asp?uYear=2025&uRaceId=4543&uEvent=5kAwards)

 $1.8 M\ Overall\ (https://www.strictlyrunning.com/json/Index_JS_C4.asp?uYear=2025\&uRaceId=4543\&uEvent=1.8 M)$

1.8M Awards (https://www.strictlyrunning.com/json/Index_JS_Age.asp?uYear=2025&uRaceId=4543&uEvent=1.8MAwards)

U.S.A. Track & Field

Correction Request Email gstrictlyrunnin@sc.rr.com

5k Award Results										
MALE OVERALL WINNER(S)		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	674	ERIC	ROSDAIL	57	М			21:46	7:01
FEMALE OVERALL WINNER(S)		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	660	HAYDEN	BRANHAM	13	F			22:25	7:13
MALE AGE GROUP: 2 - 12		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	684	JEREMY	TRAPP	11	М			37:07	11:57
FEMALE AGE GROUP: 2 - 12		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	686	PEYTON	DUDLEY	11	F			40:16	12:58
MALE AGE GROUP: 13 - 19		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	1607	OWEN	WILSON	17	М			30:20	9:46
	2nd	1610	JAYDEN	BOYD	16	М			30:30	9:49
	3rd	662	GABLE	CAHOON	13	М			35:03	11:17
FEMALE AGE GROUP: 13 - 19		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	678	LILLIAN	TRAPP	13	F			25:05	8:05
	2nd	653	ADA	BASS	13	F			25:32	8:13
	3rd	659	HARPER	BRANHAM	15	F			30:54	9:57
MALE AGE GROUP: 20 - 29		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	667	SETH	GOODRICH	21	М			35:07	11:18
	2nd	669	NOAH	JONES	27	М			55:12	17:46
FEMALE AGE GROUP: 20 - 29		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	671	FAITH	MULL	23	F			35:04	11:17
MALE AGE GROUP: 30 - 39		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	657	DESMOND	BOYD	30	М			37:26	12:03
	2nd	673	FRITZ	RODRIGUEZ	37	М			55:14	17:47
FEMALE AGE GROUP: 30 - 39		Bib	Name		Age	Sex	City	State	Time	Pace
	1st	665	CONNIE	EDWARDS	37	F			32:17	10:24
	2nd	677	KATIE	STREET	35	F			38:11	12:18
	3rd	670	SAM	LARABEE	33	F			44:03	14:11
MALE AGE GROUP: 40 - 49		Bib	Name		Age	Sex	City	State	Time	Pace

1	st 655	CHRIS	BASS	49	М			25:25	8:11
2r	d 663	JAMES	COBB	48	М			30:15	9:44
FEMALE AGE GROUP: 40 - 49	Bib	Name		Age	Sex	City	State	Time	Pace
1	st 654	ANNE	BASS	49	F			29:46	9:35
2r	d 658	BAETTI	BRANHAM	43	F			31:29	10:08
MALE AGE GROUP: 50 - 59	Bib	Name		Age	Sex	City	State	Time	Pace
1	st 681	ERIC	WILLIAMS	51	М			25:28	8:12
21	d 661	JOSEPH	BROWN JR	50	М			32:08	10:21
3	d 666	TROY	EVANS	53	М			55:12	17:46
FEMALE AGE GROUP: 50 - 59	Bib	Name		Age	Sex	City	State	Time	Pace
1	st 682	TRACY	WILLIAMS	50	F			30:22	9:47
21	d 650	MARYEILEEN	APPIO	56	F			32:42	10:32
3	d 668	TRACY	HARDEN	58	F			43:05	13:52
MALE AGE GROUP: 60 - 79	Bib	Name		Age	Sex	City	State	Time	Pace
1	st 683	ANDY	HANNER	61	М			47:00	15:08
FEMALE AGE GROUP: 60 - 79	Bib	Name		Age	Sex	City	State	Time	Pace
No Participation									
MALE AGE GROUP: 80 - 98	Bib	Name		Age	Sex	City	State	Time	Pace
No Participation									
FEMALE AGE GROUP: 80 - 98	Bib	Name		Age	Sex	City	State	Time	Pace
No Participation									

Useful Links

Advertise

Confirm Individual Entry (https://www.strictlyrunning.com/gpscrlgnInv.asp)

Confirm Group Entries

Event Director Services (https://www.strictlyrunning.com/adscrlgnx1.asp)

Store Front

Clearance Sale (https://www.strictlyrunning.com/adSalesPage.asp)

 $Location \ (https://www.google.com/maps/@33.9984348, -81.0081945, 3a, 75y, 9.42h, 81.68t/data = 13m7!1e1!3m5!1svVXsHPF-22azKRD9-12azKRD9$

DUI2A!2e0!6s%2F%2Fgeo3.ggpht.com%2Fcbk%3Fpanoid%3DvVXsHPF-22azKRD9-

DUI2A%26output%3Dthumbnail%26cb_client%3Dmaps_sv.tactile.gps%26thumb%3D2%26w%3D203%26h%3D100%26yaw%3D185.05431%26pitch%3D017i13312!8i6656)

Our Staff (https://www.strictlyrunning.com/srcontact.asp)

Our Vendors (https://www.strictlyrunning.com/adVendors.asp)

Education Center

About (https://www.strictlyrunning.com/SRAboutEducation.htm)

Upcoming Groups (https://www.strictlyrunning.com/SRRPTCalenderEDU.asp)

Get Connected

2515 Devine Street * Columbia SC 29205 * 803-799-iRun(4786)

Get directions (https://www.google.com/maps/@33.9984348,-81.0081945,3a,75y,9.42h,81.68t/data=!3m7!1e1!3m5!1svVXsHPF-22azKRD9-DUI2Al2e0!6s%2F%2Fgeo3.ggpht.com%2Fcbk%3Fpanoid%3DvVXsHPF-22azKRD9-

DUI2A%26output%3Dthumbnail%26cb_client%3Dmaps_sv.tactile.gps%26thumb%3D2%26w%3D203%26h%3D100%26yaw%3D185.05431%26pitch%3D0!7i13312!8i665 Monday-Friday 10:00am-7:00pm, Saturday 10:00am-6:00pm and Sunday 2:00pm-6:00pm

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