



SHEALY'S

DRIVE-THRU BARBECUE FUNDRAISER

Ticket Sales: September 19, 2023 to October 19, 2023

Friday, October 27, 2023 4:00 PM - 6:30 PM

FAIRFIELD COUNTY COUNCIL ON AGING

210 E WASHINGTON ST WINNSBORO, SC 29180

Plates will include fried chicken, barbecue, hash & rice, corn, green beans, roll, and tea.

Cost: \$15.00 per plate

Tickets are available at Fairfield Behavioral Health Services

CONTACT: Rotarian Vernon Kennedy Sr. 803 718-0525 or vkennedy@fairfieldbhs.org



24TH ANNUAL

POCK AROUND THE CLOCK FESTIVAL & CLASSIC CAR SHOW

FRIDAY, OCTOBER 6, 2023 8
SATURDAY, OCTOBER 7, 2023
TOWN CLOCK IN DOWNTOWN WINNSBORD, SC

FRIDAY
8 PM-11 PM
STREET DANCE & CONCERT

SATURDAY 10AM-3PM FESTIVAL 8 CAR SHOW

Arts & Craft Vendors, Food Trucks, Children's Entertainment & More!!





Fairfield County Council on Aging's Monthly Newsletter

Fall is in Full Swing at FCCOA!

The weather is turning cooler and the leaves are beginning to change color which means that Autumn has arrived in Fairfield County!

October 15th is the start of Open Enrollment for Medicare (see info below). Now is the time to review your insurance coverages and make any needed changes.



SCAM Beware of SCAMS!

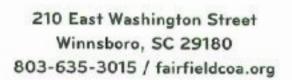
Each year, thousands of people become the victims of telephone scams. Don't let that be you! Below are some tips on avoiding scams:

- NEVER give your bank information or credit card number to anyone you don't know
- Government officials will <u>not</u> call you and ask for money or try to collect a credit card or loan debt
- Banks and credit unions will <u>not</u> call you to "verify" your bank/credit card info over the phone.
- Before sending money to a caller insisting your family member/friend is in trouble and needs money now, call someone you trust that can verify the story. If a caller tells you not to call anyone about the situation, its most likely a scam.

WSC
Participants
enjoying a day
trip of shopping
at Walgreens and
Walmart









Client / Volunteer Corner



Volunteers,

Digital only is happening! Our routes will only be available on the tablet we provide or the app on your smart phone. Thank you for everything you do for FCCOA. If there are any questions or need any help don't hesitate to speak with me.

Thanks,







Veggie Co-op Oct. 10!

FCCOA's Veggie Co-op Bags will be available for pickup on Tuesday, Oct. 10th. Each bag is \$6 and must be paid for in advance. Come by and signup by Friday, Oct 6th. CASH ONLY

Volunteers - Important Reminder!

Please be sure to look over your routes each time before you start delivering. For various reasons, we make changes to the routes frequently and the client you are used to delivering to may not be home that day.

Signatures Required!

Anyone attending any programs at the Senior Center MUST SIGN IN! If you need help, we will be glad to assist you, just let us know!



Commodity Box Pick-up - October 11-13

Commodity boxes will be available for pickup October 11th through 13th. Pickup is between 1:30 PM and 3:30PM at FCCOA (210 East Washington Street). Do not arrive before 1:00 p.m. Important Note: If you are unable to carry your box, please bring someone with you. We may not have anyone available to help you with your box.

ALL BOXES MUST BE PICKED UP BY OCTOBER15th! NO EXCEPTIONS!

Assessments are Required!

If it is time for you to be reassessed, you will be called by
someone from Central Midland's
Area Agency on Aging to set up an
appointment. If you do not get reassessed, your meals will be
stopped. Answer the call when it
comes in!



Volunteers in training with Katelyn in Sept.

THANK YOU,

Thanks for attending our volunteer training before delivering your routes! We appreciate all that you do!!



What's going on at WSC?





Call us today at 803-635-3015 to ask how you can join in on the fun!



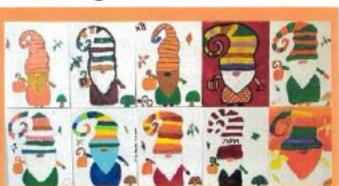


Themed Events!

Presentations!



Painting With Bekah!



Our Staff!







Community Corner



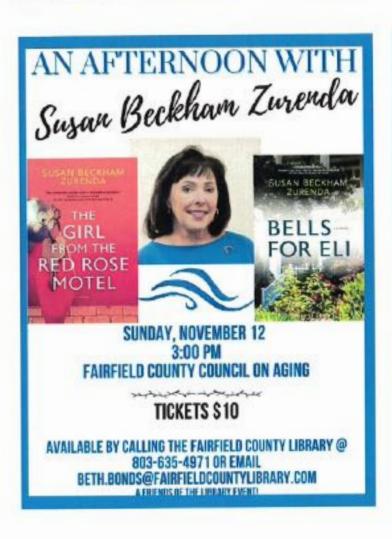


FCCOA IS PROUD TO INTRODUCE THE "LUNCH BUNCH" PROGRAM AT LIZARD'S THICKET IN BLYTHEWOOD!

Join us each Friday at 11:30 am in Blythewood for good food and great fellowship.

We'll pay for your lunch (limited menu selections). Registration before attending is required. We're sorry, Transportation is not provided.

Open to Fairfield County Seniors aged 60+ / Space is limited / Call Today!







NEW ORDER AND PICKUP DATES:

Order by October 6th to Pickup on October 11th
Order by October 20th to Pickup on October 25th
To Order, Call 803-603-2027
Pickup at Prisma Health Family Medicine. 56 US Hwy 321
Bypass N, Winnsboro - 12:00pm - 2:00 p.m.

	Meals Prepare	a by Senior Catering		1)125
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIE
2 Meatballs in Brown Gravy/Okra, Tomatoes & Corn / Tropical Fruit / White Rice	3 Breaded Chicken Patty / Steamed Broccoli with Cheese Sauce/ Green Limas / Fresh Apple	Chili with Beans / Turnip Greens / Cornbread / Peach Cobbler	5 Low Sodium Sausage / Sweet Potato Patties / Cabbage / Banana	BBQ Chicken Leg & Thigh / Potato Salad / Green Beans / Stewed Apples
9 Reduced Sodium Ham / Sweet Potatoes / June Peas / Oatmeal Cookies	5paghetti with Meat Sauce / Squash & Onions / Italian Green Beans / Pineapple Pudding	BBQ Pulled Pork / Marinated Slaw / Mixed Baked Beans / Warm Spiced Pears	Smothered Chicken Leg & Thigh / Lima Beans / Glazed Carrots / Tropical Fruit Mix	13 Salisbury Steak with Brown Gravy / Mashed Potatoes / Collard Greens / Cornbread / Banana
Chicken Stew / Italian Green Beans / Saltine Crackers / Pear Crisp	17 Country Style Steak w/ Gravy / Mashed Potatoes / Steamed Broccoli / Banana Flavored Pudding	18 Ham & Lima Beans / Mixed Greens / Cornbread / Peach Cobbler	Sloppy Joes / Glazed Carrots / Coleslaw / Stewed Apples	20 Herb Baked Chicken Leg & Thigh / Northern Beans / Okra & Tomatoes / Banana
23 Char-Grilled Beef Patty w/onions / Stewed Sliced Potatoes / Mixed Vegetables / Peaches in Juice	24 Mac & Cheese / Green Limas / Sliced Carrots / Tropical Fruit Mix	25 Meatloaf in Brown Gravy / Mashed Potatoes / June Peas / Banana	26 Lemon Pepper Chicken Leg & Thigh / Turnip Greens / Sweet Potatoes / Cornbread / Butterscotch Pudding	27 Spanish Rice with Beef / Black-eyed Peas / Coleslaw / Flour Tortilla / Cherry Pineapple Cobbler
30 Meatballs in Brown Gravy/Okra, Tomatoes & Corn / Tropical Fruit / White Rice	BREADED CHICKEN PATTY / STEAMED BROCCOLI WITH CHEESE SAUCE/ GREEN LIMAS / PRESH APPLE		OCTU	BER

10:30



instructor

availability!

Monday	Tuesday	Wednesday	Thursday	Friday
BINGO 10:30	Pokeno 3 A New card Game you are gonna enjoy! 10:30	Guest Speaker ⁴ Kevin Lawrence Winnsboro Public Safety Chief 10:30	Have a fun day with Adrian!	BINGOCIZE 10:30
BINGO 10:30	Nutrition 10 education Food Safety Tips w/ Mac 10:30 russell!	Birthday Party @ 10:30 Full Hand @ 11	Drum-Fit @ 10:00 SC Legends & Tales @ 11	BINGOCIZE 10:30
BINGO 10:30	10:30 Paint W/ Bekah	Fire Safety 18 w/Troy a Fairfield County FF _{10:30}	Bingo w/ 14 Christy @ 10:30 Drum-Flt @ 11	BINGOCIZE
BINGO 10:30	Operation ²⁴ Christmas Child Service Project	Walmart Trip @ 10 Cards with Liz @ 10:30	Bingo w/ Clem 10:30	BINGOCIZE 10:30
BINGO		G LAT	PY	Events are subject to change depending on

Daily Events

Library: M-F 12:30 Soaps T-TH 9:00-10:30 Movies

Dining Room: M-F 9:00-9:30 Arrival/Fellowship

M/W/F 9:30-10:30 Coffee/Crosswords

T-TH 9:30-10:30 Coffee/Word puzzles

M-F 10:30 Activity

M-F 12:00 Lunch

Multi-purpose Room M/W/F 8:30 Exercise

T-TH 1:30 Exercise

Senior Lunch Bunch

Fridays Only - Lizard's Thicket in Blythewood Space is Limited - Call **Bekah to Signup**

To make your reservation, please call our office at 803-635-3015

HALLOWEEN

Wear your

favorite

costume!

VOLUNTEERS NEEDED!



We invite you to be a part of our incredible team of volunteers dedicated to spreading love, hope, and positivity!



Can you spare an hour of your time?

Routes go out between 10:30 and 11:am Monday - Friday.

We would love to add you to our amazing team of volunteers!

FCCOA has multiple openings for meal deliveries.

If you are interested please contact Katelyn Creech at 803-635-3015 or via email at Katelyn@Fairfieldcoa.com





Hostea by

Fairfield County

BOOL Hosted by Sheriff's Office



Portion of proceeds will be donated to the SC Special Olympics

GHOST -N- GOBLINS

10/28/2023 6:00 PM

Costume Contest Winner Medals Family Fun



Trunk or Treat Event

Oct. 28, 2023 6:00 PM

REGISTER AT:

Starting at the Old Armory 300 Park St. Winnsboro, SC



The Goodwill Mission Mobile is coming out to your community! AN OUTREACH OF GOODWILL CAREER SERVICES

October 16 | 1pm – 3pm

The Old Administration Building

350 Columbia Rd, Winnsboro

Mission Mobile offers:

- Employment leads and referrals
- Internet connectivity & document upload assistance
 - Job search guidance & tips
 - Resume and cover letter writing support
 - One-on-one job coaching
 - Referrals to community resources
 - Soft Skills/ Employability Workshops
 - Programs for 55+



Join **S.C. Commerce** and the **S.C. Small Business Development Center** for

The Power of Capital:

Preparing for Windows of Opportunity

Wednesday, Nov. 8, 2023

9-11:30 a.m.

Fairfield County Government Complex

250 N Walnut St. Winnsboro, South Carolina



Scan the code for more information, to check out other upcoming sessions and more!

You can also contact Tammie Greene at tgreene@sccommerce.com or Yaunna Hunter at yhunter@sccommerce.com.





appleseed

Legal Education Awareness Program for Homeowners



Thurs., Oct. 26 | 6-8 p.m.
Sat., Dec. 2 | 10 a.m.-12 p.m.

Brookland-Lakeview Empowerment Center

Bogan Hall

1218 Batchelor St., West Cola, SC 29169

- · Homeowners are invited.
- · Light refreshments served.
- Transportation provided within 30-mile radius of the BLEC.





For More Info, Contact Dr. Richburg Cotton



803.747.3519 (c) | 803.744.7943 (o)



crichburgcotton@brookland.cc





United Way of the Midlands







DO SOMETHING WITH YOUR FAMILY THAT DOES SOMETHING FOR OUR COMMUNITY

Scavenger Hunt
Face Painting
Door Prizes
Live Entertainment

Junction 800 in The Vista

Thursday, October 12 • 4:30 PM—6:30 PM
\$20 guests, \$15 donors, FREE for kids (18 and under)

Proceeds Benefit Resilient Midlands

PURCHASE TICKETS AT: UWAY.ORG/EVENTS/UNITED-NIGHT-OUT

