



**Rotary**  
Club of Winnsboro



**SHEALY'S**

# **DRIVE-THRU BARBECUE FUNDRAISER**

**Ticket Sales: September 19, 2023 to October 19, 2023**



**Friday, October 27, 2023**

**4:00 PM - 6:30 PM**



**FAIRFIELD COUNTY COUNCIL ON AGING**

210 E WASHINGTON ST  
WINNSBORO, SC 29180

Plates will include fried chicken, barbecue, hash & rice, corn,  
green beans, roll, and tea.

**Cost: \$15.00 per plate**

Tickets are available at [Fairfield Behavioral Health Services](https://www.fairfieldbhs.org)

**CONTACT: Rotarian Vernon Kennedy Sr.  
803 718-0525 or [vkennedy@fairfieldbhs.org](mailto:vkennedy@fairfieldbhs.org)**



# 24TH ANNUAL ROCK AROUND THE CLOCK FESTIVAL & CLASSIC CAR SHOW

FRIDAY, OCTOBER 6, 2023 @

SATURDAY, OCTOBER 7, 2023

TOWN CLOCK IN DOWNTOWN WINNSBORO, SC

FRIDAY

8 PM-11 PM

STREET DANCE & CONCERT

SATURDAY

10AM-3PM

FESTIVAL & CAR SHOW

Arts & Craft Vendors, Food Trucks,  
Children's Entertainment & More!!



## Fall is in Full Swing at FCCOA!

The weather is turning cooler and the leaves are beginning to change color which means that Autumn has arrived in Fairfield County!

October 15th is the start of Open Enrollment for Medicare (see info below). Now is the time to review your insurance coverages and make any needed changes.

Medicare Open Enrollment is  
**October 15 - December 7**

*SHIP can help.*

Your State Health Insurance Assistance Program (SHIP) can help with one-on-one, unbiased guidance:

- Understanding costs and coverage
- Comparing options
- Completing the enrollment process

**MEDICARE EXPERTS**  
 SCREENED  
 TRAINED  
 CERTIFIED

Find your local SHIP:  
[shiphelp.org](http://shiphelp.org) • 877-839-2675

**SHIP** State Health Insurance Assistance Program  
**CENTRAL MIDLANDS** Council of Governments  
 Central Midlands AAS  
 2027 Rogers  
 230 Stonewall Dr  
 Columbia, SC 29210  
 803-376-5292

SHIP is a voluntary program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services.




## Beware of SCAMS!

Each year, thousands of people become the victims of telephone scams. Don't let that be you! Below are some tips on avoiding scams:

- **NEVER** give your bank information or credit card number to anyone you don't know
- Government officials will not call you and ask for money or try to collect a credit card or loan debt
- Banks and credit unions will not call you to "verify" your bank/credit card info over the phone.
- **Before** sending money to a caller insisting your family member/friend is in trouble and needs money now, call someone you trust that can verify the story. If a caller tells you not to call anyone about the situation, its most likely a scam.

WSC  
 Participants  
 enjoying a day  
 trip of shopping  
 at Walgreens and  
 Walmart



# Client / Volunteer Corner

Volunteers,  
Digital only is happening! Our routes will only be available on the tablet we provide or the app on your smart phone. Thank you for everything you do for FCCOA. If there are any questions or need any help don't hesitate to speak with me.

Thanks,  
*Katelyn Creech*



**Veggie Co-op**  
**Oct. 10!**  
FCCOA's Veggie Co-op Bags will be available for pickup on Tuesday, Oct. 10th. Each bag is \$6 and must be paid for in advance. Come by and sign up by Friday, Oct 6th.  
**CASH ONLY**

**Volunteers - Important Reminder!**  
Please be sure to look over your routes each time **before** you start delivering. For various reasons, we make changes to the routes frequently and the client you are used to delivering to may not be home that day.

**Signatures Required!**  
Anyone attending any programs at the Senior Center **MUST SIGN IN!** If you need help, we will be glad to assist you, just let us know!



**Commodity Box Pick-up - October 11-13**  
Commodity boxes will be available for pickup October 11th through 13th. Pickup is between 1:30 PM and 3:30PM at FCCOA (210 East Washington Street). Do not arrive before 1:00 p.m. Important Note: If you are unable to carry your box, please bring someone with you. We may not have anyone available to help you with your box.  
**ALL BOXES MUST BE PICKED UP BY OCTOBER 15th! NO EXCEPTIONS!**

**Assessments are Required!**  
If it is time for you to be re-assessed, you will be called by someone from Central Midland's Area Agency on Aging to set up an appointment. If you do not get re-assessed, your meals will be stopped. Answer the call when it comes in!



Volunteers in training with Katelyn in Sept.

**THANK YOU, VOLUNTEERS!**  
Thanks for attending our volunteer training before delivering your routes! We appreciate all that you do!!

**VOLUNTEER BIRTHDAY CORNER**  
**LET'S PUT A Spell ON YOU**  
**PERSEPHONE B.**  
**OCTOBER 29**  
**HAPPY BIRTHDAY!**

# What's going on at WSC?

Call us today at 803-635-3015 to ask how you can join in on the fun!



**FUN!**



**Themed Events!**



**Presentations!**



**Painting With Bekah!**



**Pajama Day!**



**Our Staff!**

**BINGO!**



**More Games!**

**Games!**



## FCCOA IS PROUD TO INTRODUCE THE "LUNCH BUNCH" PROGRAM AT LIZARD'S THICKET IN BLYTHEWOOD!

Join us each **Friday** at **11:30 am** in Blythewood for good food and great fellowship. We'll pay for your lunch (limited menu selections). **Registration before attending is required.** We're sorry, Transportation is not provided.

**Open to Fairfield County Seniors aged 60+ / Space is limited / Call Today!**

## AN AFTERNOON WITH

# Susan Beckham Zurenda



**SUNDAY, NOVEMBER 12**  
**3:00 PM**  
**FAIRFIELD COUNTY COUNCIL ON AGING**

**TICKETS \$10**

AVAILABLE BY CALLING THE FAIRFIELD COUNTY LIBRARY @  
803-635-4971 OR EMAIL  
[BETH.BONDS@FAIRFIELDCOUNTYLIBRARY.COM](mailto:BETH.BONDS@FAIRFIELDCOUNTYLIBRARY.COM)  
A FRIENDS OF THE LIBRARY EVENT!

Rotary

Club of Winnsboro



## SHEALY'S DRIVE-THRU BARBECUE FUNDRAISER

**Friday, October 27, 2023**

**4:00 PM - 6:30 PM**

**FAIRFIELD COUNTY COUNCIL ON AGING**

210 E WASHINGTON ST  
WINNSBORO, SC 29180

Plates will include fried chicken, barbecue, hash & rice, corn, green beans, roll, and tea.

Cost: \$15.00 per plate

Tickets are available at Fairfield County School District, Fairfield County Library, Preferred Mortgage & Tax Service, Fairfield County Council on Aging, or from your favorite Rotarian.



**FOODSHARE**  
feeding a need in our community.

### NEW ORDER AND PICKUP DATES:

Order by October 6th to Pickup on October 11th

Order by October 20th to Pickup on October 25th

To Order, Call 803-603-2027

Pickup at Prisma Health Family Medicine. 56 US Hwy 321

Bypass N, Winnsboro - 12:00pm - 2:00 p.m.

Meals Prepared by Senior Catering

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Milk served daily; bread or roll on most days

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatballs in Brown Gravy/ Okra, Tomatoes & Corn / Tropical Fruit / White Rice	3 Breaded Chicken Patty / Steamed Broccoli with Cheese Sauce/ Green Limas / Fresh Apple	4 Chili with Beans / Turnip Greens / Cornbread / Peach Cobbler	5 Low Sodium Sausage / Sweet Potato Patties / Cabbage / Banana	6 BBQ Chicken Leg & Thigh / Potato Salad / Green Beans / Stewed Apples
9 Reduced Sodium Ham / Sweet Potatoes / June Peas / Oatmeal Cookies	10 Spaghetti with Meat Sauce / Squash & Onions / Italian Green Beans / Pineapple Pudding	11 BBQ Pulled Pork / Marinated Slaw / Mixed Baked Beans / Warm Spiced Pears	12 Smothered Chicken Leg & Thigh / Lima Beans / Glazed Carrots / Tropical Fruit Mix	13 Salisbury Steak with Brown Gravy / Mashed Potatoes / Collard Greens / Cornbread / Banana
16 Chicken Stew / Italian Green Beans / Saltine Crackers / Pear Crisp	17 Country Style Steak w/ Gravy / Mashed Potatoes / Steamed Broccoli / Banana Flavored Pudding	18 Ham & Lima Beans / Mixed Greens / Cornbread / Peach Cobbler	19 Sloppy Joes / Glazed Carrots / Coleslaw / Stewed Apples	20 Herb Baked Chicken Leg & Thigh / Northern Beans / Okra & Tomatoes / Banana
23 Char-Grilled Beef Patty w/ onions / Stewed Sliced Potatoes / Mixed Vegetables / Peaches in Juice	24 Mac & Cheese / Green Limas / Sliced Carrots / Tropical Fruit Mix	25 Meatloaf in Brown Gravy / Mashed Potatoes / June Peas / Banana	26 Lemon Pepper Chicken Leg & Thigh / Turnip Greens / Sweet Potatoes / Cornbread / Butterscotch Pudding	27 Spanish Rice with Beef / Black-eyed Peas / Coleslaw / Flour Tortilla / Cherry Pineapple Cobbler
30 Meatballs in Brown Gravy/ Okra, Tomatoes & Corn / Tropical Fruit / White Rice	31 <b>BREADED CHICKEN PATTY / STEAMED BROCCOLI WITH CHEESE SAUCE/ GREEN LIMAS / FRESH APPLE</b>		<b>OCTOBER 2023</b>	



**HAPPY HALLOWEEN**



# OCTOBER 2023



## Daily Events

**Library:**  
**M-F 12:30 Soaps**  
**T-TH 9:00-10:30 Movies**

**Dining Room:**  
**M-F 9:00-9:30**  
**Arrival/Fellowship**

**M/W/F 9:30-10:30**  
**Coffee/Crosswords**

**T-TH 9:30-10:30**  
**Coffee/Word puzzles**

**M-F 10:30 Activity**

**M-F 12:00 Lunch**

**Multi-purpose Room**  
**M/W/F 8:30 Exercise**

**T-TH 1:30 Exercise**

**Senior Lunch Bunch**  
**Fridays Only - Lizard's**  
**Thicket in Blythewood -**  
**Space is Limited - Call**  
**Bekah to Signup**

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>BINGO</b> 10:30	3 <b>Pokeno</b> A New card Game you are gonna enjoy! 10:30	4 Guest Speaker Kevin Lawrence Winnsboro Public Safety Chief 10:30	5 Have a fun day with Adrian! 10:30	6 <b>BINGOCIZE</b> 10:30
9 <b>BINGO</b> 10:30	10 Nutrition education Food Safety Tips w/ Mac russell! 10:30	11 Birthday Party @ 10:30  Full Hand @ 11	12 Drum-Fit @ 10:00  SC Legends & Tales @ 11	13 <b>BINGOCIZE</b> 10:30
16 <b>BINGO</b> 10:30	17 10:30 Paint W/ Bekah	18 Fire Safety w/ Troy a Fairfield County FF 10:30	19 Bingo w/ Christy @ 10:30 Drum-Fit @ 11	20 <b>BINGOCIZE</b> 10:30
23 <b>BINGO</b> 10:30	24 Operation Christmas Child Service Project 10:30	25 Walmart Trip @ 10 Cards with Liz @ 10:30	26 Bingo w/ Clem 10:30	27 <b>BINGOCIZE</b> 10:30
30 <b>BINGO</b> 10:30	31 <b>Halloween Party</b> Wear your favorite costume! 	 <b>HAPPY HALLOWEEN</b>		Events are subject to change depending on instructor availability!

To make your reservation, please call our office at 803-635-3015



# VOLUNTEERS NEEDED!



We invite you to be a part of our incredible team of volunteers dedicated to spreading love, hope, and positivity!



Can you spare an hour of your time?

Routes go out between 10:30 and 11:am  
Monday - Friday.

We would love to add you to our  
amazing team of volunteers!

FCCOA has multiple openings for meal  
deliveries.

If you are interested please contact Katelyn  
Creech at 803-635-3015 or via email at  
[Katelyn@Fairfieldcoa.com](mailto:Katelyn@Fairfieldcoa.com)





*Hosted by  
Fairfield County  
Sheriff's Office*



*Portion of  
proceeds  
will be  
donated to  
the SC  
Special  
Olympics*

**GHOST -N- GOBLINS**

# **TROT 5K**

*10/28/2023  
6:00 PM*

*Costume Contest  
Winner Medals  
Family Fun*



**RUN/WALK**

*Trunk or Treat Event*



**REGISTER AT:  
[WWW.STRICTLYRUNNING.COM](http://WWW.STRICTLYRUNNING.COM)**

*Starting at the Old Armory  
300 Park St.  
Winnsboro, SC*



**The Goodwill Mission Mobile  
is coming out to your community!**  
*AN OUTREACH OF GOODWILL CAREER SERVICES*

**October 16 | 1pm – 3pm**

**The Old Administration Building**

350 Columbia Rd, Winnsboro

**Mission Mobile offers:**

- Employment leads and referrals
- Internet connectivity & document upload assistance
  - Job search guidance & tips
- Resume and cover letter writing support
  - One-on-one job coaching
- Referrals to community resources
- Soft Skills/ Employability Workshops
  - Programs for 55+

For more information about Goodwill's Mission Mobile service, visit

[www.goodwillsc.org/missionmobile](http://www.goodwillsc.org/missionmobile) or contact

Melissa Cheek [mcheek@goodwillsc.org](mailto:mcheek@goodwillsc.org)



READY. SET.  
**SUPPLY!**

Join **S.C. Commerce** and the  
**S.C. Small Business Development Center** for

# The Power of Capital:

Preparing for Windows of Opportunity

**Wednesday, Nov. 8, 2023**

9-11:30 a.m.



**Fairfield County Government Complex**

250 N Walnut St.  
Winnsboro, South Carolina



Scan the code for more information, to check  
out other upcoming sessions and more!

You can also contact Tammie Greene at  
[tgreene@sccommerce.com](mailto:tgreene@sccommerce.com) or Yaunna Hunter  
at [yhunter@sccommerce.com](mailto:yhunter@sccommerce.com).



**South Carolina**  
Department of Commerce



SOUTH CAROLINA  
**SBDC**



# Legal Education Awareness Program for Homeowners



**Thurs., Oct. 26 | 6-8 p.m.**

**Sat., Dec. 2 | 10 a.m.-12 p.m.**

**Brookland-Lakeview Empowerment Center**

Bogan Hall

1218 Batchelor St., West Cola, SC 29169

- Homeowners are invited.
- Light refreshments served.
- Transportation provided within 30-mile radius of the BLEC.

**SCAN**



**For More Info, Contact Dr. Richburg Cotton**



803.747.3519 (c) | 803.744.7943 (o)



crichburgcotton@brookland.cc



**BROOKLAND-LAKEVIEW**  
EMPOWERMENT CENTER  
Empowerment is the key.

**United Way**



United Way  
of the Midlands



United Way  
of the Midlands



# UNITED NIGHT OUT

DO SOMETHING WITH YOUR FAMILY THAT  
DOES SOMETHING FOR OUR COMMUNITY

Scavenger Hunt

Face Painting

Door Prizes

Live Entertainment

Junction 800 in The Vista

Thursday, October 12 • 4:30 PM–6:30 PM

\$20 guests, \$15 donors, FREE for kids (18 and under)

Proceeds Benefit Resilient Midlands

PURCHASE TICKETS AT:  
[UWAY.ORG/EVENTS/UNITED-NIGHT-OUT](http://UWAY.ORG/EVENTS/UNITED-NIGHT-OUT)

ADLUH FLOUR

VISTA