

Strengthening Families Program (SFP) is an evidence-based family skills training program for high-risk and general-population families that is recognized both nationally and internationally. SFP is unique and the most effective family skills training program because it involves the whole family with children ages 6-11 participating in their classes run on the same night once a week.

See the amazing impact SFP has made for Fairfield County families!



Fairfield Behavioral
Health Services



Most Recent Full Year Outcomes

Two (2) cycles (1 & 2) completed by 21 families
between 1/1/19-12/31/19

100% Parent Satisfaction
100% Attempted to Use Skills
83% Successfully Used Skills
96% said Program Improved Family Functioning
96% said Program Improved Parent Functioning
87% said Program Improved Child Functioning
88% said they would Recommend Program to Others
100% reported Overall Program Satisfaction

-Children's Trust of South Carolina Year 06 Evaluation Report-
Ahearn Greene Associates, LLC

Most Recent Full Year Outcomes

Three (3) cycles completed by 26 families
between 1/1/20-12/31/20

100% Parent Satisfaction
100% Attempted to Use Skills
85% Successfully Used Skills
100% said Program Improved Family Functioning
100% said Program Improved Parent Functioning
96% said Program Improved Child Functioning
97% said they would Recommend Program to Others
100% reported Overall Program Satisfaction

-Children's Trust of South Carolina Year 07 Evaluation Report-
Ahearn Greene Associates, LLC

Most Recent Full Year Outcomes

Three (3) cycles completed by 21 families
between 1/1/21-12/31/21

100% Parent Satisfaction
100% Attempted to Use Skills
85% Successfully Used Skills
100% said Program Improved Family Functioning
100% said Program Improved Parent Functioning
85% said Program Improved Child Functioning
100% said they would Recommend Program to Others
100% reported Overall Program Satisfaction

-Children's Trust of South Carolina Year 08 Evaluation Report-
Ahearn Greene Associates, LLC

Most Recent Full Year Outcomes

Three (3) cycles completed by 17 families
between 1/1/22-12/31/22

100% Parent Satisfaction
95% Attempted to Use Skills
89% Successfully Used Skills
100% said Program Improved Family Functioning
95% said Program Improved Parent Functioning
95% said Program Improved Child Functioning
95% said they would Recommend Program to Others
100% reported Overall Program Satisfaction

-Children's Trust of South Carolina Year 09 Evaluation Report-
Ahearn Greene Associates, LLC

How SFP Helped Me

"Have Better Patience"

"Learn how to communicate effectively with
my child/household"

"Provide praise to my child and learn just as
important and should be done often"

What I Learned

"Always reward good/positive behavior"

"Ignore certain situations without having
stress if no harm is being done"

"Listen to my child"

92 families graduated in combined Cycles 1-12 | 70% graduation rate in Combined Cycles 1-12 | 102 parents | 123 children 6-11

19 children under 6 | 78 children 12 and older who participated in *Life Skills Training* for a total of 322