

Alcohol Awareness Month "Run for Recovery"

23rd Annual 5K Run/Walk • Saturday, April 22, 2023

by Veronica Dadzie-Edmonds as Director of Prevention Services, Race coordinator for the event

FBHS returns with their Run for Recovery 5K! After taking three years off due to Covid-19, Fairfield Behavioral Health Services returned with our 23rd Annual 5K Run/Walk on Saturday, April 22nd, 2023, in Winnsboro, SC. District 17 (Fairfield, Chester, & York County) Senator Mike Fanning emceed the event aimed at helping to spread awareness about the dangers and negative impact of alcohol abuse and underage drinking that can affect the individual, family, and community. Senator Mike Fanning did an outstanding job keeping the crowd energized while FBHS staff cheered as walkers and runners crossed the finish line. April is National Alcohol



3.1 Run - Michael Boyd & Laurie Mobley, Overall Winners

Awareness Month; we hold this event annually every fourth Saturday in April to celebrate recovery and educate the masses. This year we hosted a total of 124 participants,

including 11 runners and 113 walkers.

The race began with Vernon Kennedy, Sr., Executive Director of Fairfield Behavioral Health Services, sounding the horn. Our walkers came in shortly after with Rickie Mozie (24:00) and Vera Williams (24:11) who took home Overall Winner for the 1.8-mile walk. Shortly after, Michael Boyd (26:49)

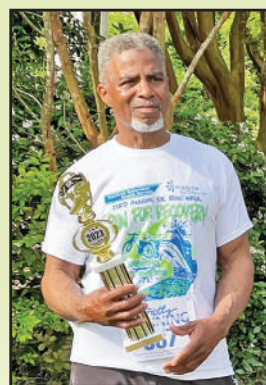
and Laurie Mobley (28:56) took home Overall Winner for the 3.1-mile run.

This year we had a total of 9 teams

participate. Bible Light Holiness Church took home 1st Place for the 9th consecutive year with a cash prize of \$125, Greater St. John AMEZ Church won 2nd Place with a cash prize of \$100, and Fairfield County Board of Disabilities won 3rd Place with a cash prize of \$75. Fairfield Behavioral Health Services would like to extend a special thanks to all those who made the event possible this year including our 16



1.8 Mile- Rickee Mozie & Vera Williams, Overall Winners



sponsors, multiple contributors, volunteers, our board members, and our emcee Senator Mike Fanning for making this event a huge success for us and the local community. Fairfield County is our biggest supporter and we will continue to serve our community to the best of our ability. Official race results are posted on www.strictlyrunning.com and official photographs will be uploaded to our Facebook page soon.

Bible Light Holiness Church of Ridgeway, First Place Team Award



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Contributors & Volunteers

Senator Mike Fanning (Emcee)

Sasha Mobley- National Anthem

Renada Richardson- TGRFITCLUB

Winnsboro Public Safety

Fairfield County EMS

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Everett Hair-Lion's Club

Vernon Anderson (FBHS Board)

Willie Menia Robinson (FBHS Board)

Thanks so much for your continuous support to combat the negative impact that alcohol abuse and underage drinking can have on individuals, families, and the community. You Made A Difference!!