

Children's Trust of South Carolina

***STRENGTHENING FAMILIES PROGRAM
INITIATIVE***

FAIRFIELD BEHAVIORAL HEALTH SERVICES

**YEAR 07 SUMMARY EVALUATION
REPORT**



Reporting Period:
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Submitted by:
Ahearn Greene Associates

Primary authors:
Jeanie Ahearn Greene, Ph.D., MSW
Keely Cofrin Allen, Ph.D.

Ahearn Greene Associates, LLC
3624 Queen Mary Drive, Olney, Maryland 20832
Phone: 240-460-3931 ♦ aga@ahearngreene.com ♦ Fax: 240-342-2022

I. INTRODUCTION AND OVERVIEW

This report is the *CTSC SFP6-11 Fairfield Behavioral Health Services Summary Year 07 Evaluation Report*. The Children's Trust of South Carolina (CTSC) has implemented an evidence-based parenting program as part of a statewide strategy for the prevention of child abuse and neglect. Based on assessed community needs and risk factors, CTSC chose to implement the *Strengthening Families Program 6-11 (SFP6-11)*. The *Strengthening Families Program (SFP)* is designed to reduce environmental risk factors and to increase personal resilience and improve protective factors to drug use in high-risk youth. Research confirms that *SFP* is also effective in reducing risk precursors for child abuse and neglect, school behavioral problems, mental disorders, and juvenile delinquency. This program has been adapted, translated, and implemented in a variety of cultures and communities including those identified special populations CTSC seeks to serve, making it a particularly appropriate choice for this project. This initiative is collaboratively funded by the Duke Endowment, the State of South Carolina Department of Social Services (DSS), State of South Carolina Department of Alcohol and Other Drug Abuse Services (DAODAS) and a State of South Carolina Legislative CTSC *SFP* Special Allocation.

This *CTSC SFP6-11 Fairfield Behavioral Health Services Summary Year 07 Evaluation Report* includes summary findings for all *SFP6-11* cycles implemented by Fairfield Behavioral Health Services (FBHS) that were funded by CTSC between January 1, 2020 and December 31, 2020. This 12-month time period comprises the sixth year for CTSC *SFP* and the seventh year of annual evaluation reporting for this initiative, since CTSC *SFP* started in 2013. This Year 07 evaluation report includes aggregate evaluation findings for all *SFP6-11* cycles implemented that includes a total of 3 cycles completed between January 1, 2020 and December 31, 2020,

II. **FIDELITY** is assessed in five primary domains with the following aligned *Strengthening Families Program* Fidelity Benchmarks. The five primary fidelity domains and aligned benchmarks are:

- *Community/Environmental Fidelity*: funding, community context (e.g., density, diversity), safe and welcoming environment, site facilities, ~~transportation~~ connectivity, community calendar congruity
- *Target Population*: intervention level, age of children, family composition, level of risk, special populations, cultural competence, recruitment
- *Program Fidelity*: program length/dosage, meal provision, retention, incentives, childcare, follow-up/booster session, program evaluation, availability of program materials, graduation activities
- *Staffing Fidelity*: group leaders, site coordinator, training, additional staff (e.g., childcare, adolescent mentor, food preparation, aides), cultural competence of staff
- *Curriculum Fidelity*: three skills training curriculums, developmental appropriateness, modeling of program skills, cultural and local adaptations, creative and interactive content delivery

Implementation is rated in each of the five fidelity domains based on a five-point measurement scale:

- 5 - Exemplary Implementation (Range 4.75-5.00)
- 4 - Exceeds Program Standards (Range 3.75-4.74)
- 3 - Meets Program Standards (Range 2.75-3.74)
- 2 - Below Program Standards (Range 1.75-2.74)
- 1 - Does Not Meet Program Standards (Range 0.00-1.74)

Table 2. FBHS SFP 2020 Year 07 Fidelity Rating by Domain with Comparison to CTSC SFP Years 06 & 07

Agency ID	# Cycles	Environment / Context	Population	Program	Staffing	Curriculum	Agency Mean
CTSC Y 06 Mean (N=27)	82	4.01	4.03	3.70	3.89	4.01	3.93
#6 FBHS	3	4.00	3.50	4.25	4.00	4.00	3.95
CTSC Y 07 Mean (N=23)	77	4.00	3.95	3.98	3.96	4.13	4.00

The overall Year 07 fidelity score for FBHS was 3.95, "above program standards." For the five fidelity domains, FBHS scores were 4.00 for Environment and Context, 3.50 for Population Characteristics (3.75 for YR6) and Capacity Achievement, 4.25 for Program Implementation (4.50 for YR6 but still higher than CTSC YR6 score), 4.00 for Staffing Quality, and 4.00 for Curriculum Adherence. In all domains FBHS met or exceeded SFP fidelity standards, benchmarks, and expectations. This substantiates that CTSC, including FBHS, continues to deliver SFP beyond the expectations for fidelity to the model, quality of implementation, capacity achievement and enrollment, and retention and completion rates.

Table 5a. FBHS SFP 2020 Year 07 Recruitment and Referral Indicators with Comparison to CTSC SFP Years 06 & 07

Agency ID	# Cycles Conducted	# Families Referred	Mean # Referrals/ Cycle	# Families Enrolled	% Families Enrolled	Mean # Families/ Cycle
CTSC Year 06 (N=27)	82	1,392	16.98	880	63.22%	10.73
#6 FBHS	3	53	17.67	32	60.38%	10.67
CTSC Year 07 (N=23)	77	1,238	16.08	807	65.19%	10.48

Table 9a. CTSC SFP 2020 Year 07 Family Retention Rate with Comparison to CTSC SFP Years 06 & 07

Agency ID	# Cycles	# Families Enrolled	# Families Completed	Family Retention Rate	Mean Number Families Completed/ Cycle
CTSC Year 06 (N=27)	82	880	706	80.23%	8.61
#6 FBHS	3	32	27	84.38%	9.00
CTSC Year 07 (N=23) TOTAL	77	807	670	83.02%	8.70

Table 9b. CTSC SFP 2020 Year 07 Parent Retention Rates with Comparison to CTSC SFP Years 06 & 07

Agency ID	# Cycles	# Parents Enrolled	# Parents Complete	Parent Retention Rate	Mean Number Parents Completed/ Cycle
CTSC Year 06 (N=27)	82	1,191	956	80.27%	11.66
#6 FBHS	3	34	29	85.29%	9.67
CTSC Year 07 (N=23) TOTAL	77	1,031	855	82.93%	11.10

Table 9c. CTSC SFP 2020 Year 07 Child Retention Rates with Comparison to CTSC SFP Years 06 & 07

Agency ID	# Cycles	# Youth Enrolled	# Youth Complete	Youth Retention Rate	Mean Number Youth Completed/ Cycle
CTSC Year 06 (N=27)	82	1,296	1,040	80.25%	12.68
#6 FBHS	3	42	35	83.33%	11.67
CTSC Year 07 (N=23) TOTAL	77	1,127	923	81.90%	11.99

Table 13a. CTSC SFP 2020 Year 07 Parent Satisfaction Rating with Comparison to CTSC SFP Years 06 & 07: Parent Participation

Q 1. My opinions were respected and I participated in class discussions.

Agency ID	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Completely	Mean
# CTSC Y6 Respondents	818	0	4	25	153	636	4.74
% CTSC Y6 Respondents	100.00%	0.00%	0.49%	3.06%	18.70%	77.75%	4.74
#6 FBHS	26	0	0	0	3	23	4.88
# CTSC Y7 TOTAL	689	0	1	8	81	599	4.85
% CTSC Y7 TOTAL	689	0.00%	0.15%	1.16%	11.76%	86.94%	4.85

88% (23/26); higher than YR6 and for the CTSC

Table 13b. CTSC SFP 2020 Year 07 Parent Rating: Attempted to Use Skills with Comparison to CTSC SFP Years 06 & 07

Q 2. I have tried to use the skills taught in this class.

Agency ID	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Completely	Mean
# CTSC Y6 Respondents	818	0	3	52	362	401	4.42
% CTSC Y6 Respondents	100.00%	0.00%	0.37%	6.36%	44.25%	49.02%	4.42
#6 FBHS	26	0	0	0	10	16	4.62
# CTSC Y7 TOTAL	688	1	0	31	276	380	4.50
% CTSC Y7 TOTAL	688	0.15%	0.00%	4.51%	40.12%	55.23%	4.50

62% (16/26) & 100% combined; 1 percentage point less than YR6 but still higher than CTSC for both reporting

Table 13c. CTSC SFP 2020 Year 07 Parent Rating: Successful Used Skills with Comparison to CTSC SFP Years 06 & 07

Q 3. I have been successful in implementing skills taught in this class.

Agency ID	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Completely	Mean
# CTSC Y6 Respondents	815	3	12	165	334	301	4.13
% CTSC Y6 Respondents	100.00%	0.37%	1.47%	20.25%	40.98%	36.93%	4.13
#6 FBHS	26	0	1	3	10	12	4.27
# CTSC Y7 TOTAL	689	3	5	93	317	271	4.23
% CTSC Y7 TOTAL	689	0.44%	0.73%	13.50%	46.01%	39.33%	4.23

46% (12/26); higher than CTSC

Table 13d. CTSC SFP 2020 Year 07 Parent Rating: Program Improved Family Functioning with Comparison to CTSC SFP Years 06 & 07

Q 6. How much has this class helped your family?

Agency ID	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Extremely Helpful	Mean
# CTSC Y6 Respondents	817	2	5	55	265	490	4.51
% CTSC Y6 Respondents	100.00%	0.24%	0.61%	6.73%	32.44%	59.98%	4.51
#6 FBHS	26	0	0	0	5	21	4.81
# CTSC Y7 TOTAL	688	1	5	32	211	439	4.57

81% (21/26) & 100% combined; higher than YR6 and higher than CTSC for both reporting years

Table 13e. CTSC SFP 2020 Year 07 Parent Rating: Program Improved Parent Functioning with Comparison to CTSC SFP Years 06 & 07

Q 7. How much has this class helped you as a parent?

Agency ID	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Extremely Helpful	Mean
# CTSC Y6 Respondents	818	1	6	61	236	514	4.54
% CTSC Y6 Respondents	100.00%	0.12%	0.73%	7.46%	28.85%	62.84%	4.54
#6 FBHS	26	0	0	0	5	21	4.81
# CTSC Y7 TOTAL	689	0	3	33	185	468	4.62
% CTSC Y7 TOTAL	689	0.00%	0.44%	4.79%	26.85%	67.92%	4.70

81% (21/26) & 100% combined; higher than YR6 and higher than CTSC for both reporting years

Table 13f. CTSC SFP 2020 Year 07 Parent Rating: Program Improved Child Functioning with Comparison to CTSC SFP Years 06 & 07

Q 8. How much has this class helped your child?

Agency ID	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Extremely Helpful	Mean
# CTSC Y6 Respondents	817	3	11	109	362	332	4.24
% CTSC Y6 Respondents	100.00%	0.37%	1.35%	13.34%	44.31%	40.64%	4.24
#6 FBHS	26	0	0	1	12	13	4.46
# CTSC Y7 TOTAL	689	1	5	66	271	346	4.39
% CTSC Y7 TOTAL	689	0.15%	0.73%	9.58%	39.33%	50.22%	4.39

50% (21/26) & 96% combined; higher than YR6 and higher than CTSC for both reporting years

Table 13g. CTSC SFP 2020 Year 07 Parent Rating: Interest in Continued Skills Classes with Comparison to CTSC SFP Years 06 & 07

Q 4. Would you like to come back for refresher classes or family reunions?

Agency ID	N	1 Yes, Weekly	2 Once a Month	3 Every 6 Months	4 Once a Year	5 Never	Mean
# CTSC Y6 Respondents	800	230	153	173	176	68	2.62
% CTSC Y6 Respondents	100.00%	28.75%	19.13%	21.63%	22.00%	8.50%	2.62
#6 FBHS	26	7	9	5	4	1	2.35
# CTSC Y7 TOTAL	685	171	142	134	157	81	2.76
% CTSC Y7 TOTAL	685	24.96%	20.73%	19.56%	22.92%	11.82%	2.76
FBHS Y6		27%	35%	19%	15%	4%	

Table 13h. CTSC SFP 2020 Year 07 Parent Rating: Recommend Program to Others with Comparison to CTSC SFP Years 06 & 07

Q 5. Would you recommend this course to other families?

Agency ID	N	1 Definitely Not	2 No	3 Maybe	4 Yes	5 Yes, Definitely	Mean
# CTSC Y6 Respondents	816	37	1	13	89	676	4.67
% CTSC Y6 Respondents	100.00%	4.53%	0.12%	1.59%	10.91%	82.84%	4.67
#6 FBHS	26	1	0	0	2	23	4.77
# CTSC Y7 TOTAL	688	37	1	9	40	602	4.70
% CTSC Y7 TOTAL	688	0.15%	0.73%	4.65%	30.67%	63.81%	4.70

Table 13i. CTSC SFP 2020 Year 07 Parent Rating: Overall Program Satisfaction with Comparison to CTSC SFP Years 06 & 07

Q 9. Overall, how satisfied were you with this program?

Agency ID	N	1 Not at All	2 Very Little	3 Somewhat	4 Well	5 Very Well	Mean
# CTSC Y6 Respondents	818	1	0	13	102	702	4.84
% CTSC Y6 Respondents	100.00%	0.12%	0.00%	1.59%	12.47%	85.82%	4.84
#6 FBHS	26	0	0	0	0	26	5.00
# CTSC Y7 TOTAL	689	0	1	3	62	623	4.90
% CTSC Y7 TOTAL	689	0.00%	0.15%	0.44%	9.00%	90.42%	4.90

100% (26/26) & 100% combined; higher than YR6 and higher than CTSC for both reporting years

III. SUMMARY

The CTSC measured immediate changes in the children are all strong immediate changes as they indicate that the protective factors of future substance abuse and other associated negative social behavior have changed to the point that parents have noticed and are able to report the change. These findings support that the virtual implementation retained the fidelity and integrity of SFP when adapted using the CTSC protocols. *This evaluation finds that FBHS continues to operate with high fidelity, integrity, and quality assurance meeting or exceeding all Fidelity Benchmarks and with all measured outcomes showing strong statistically significant program effect.*