Strengthening Families Program Cycle 6 Graduation Celebration!

Fairfield Behavioral Health Services (FBHS) graduated seven families on May 11, 2021 in a drive-thru graduation for the sixth cycle of its Strengthening Families Program (SFP).

Veronica Dadzie- Edmonds, SFP Site coordinator, hosted the event and welcomed all the families, staff member, and board members of Fairfield Behavioral Health Services. She recognized and thanked the staff for their hard work throughout the program and rewarded them with certificates of appreciation. Vernon Kennedy, Sr., FBHS Executive Director and SFP Program Manager, thanked the families for participating in the program and encouraged them all to keep in contact and spread the word about how helpful the program has been for their families.

Congratulations to the families: Craig, Jones, Johnson, Johnson-Hinds, Minger and Richardson. You did a great job in learning the curriculum to enhance your families.

The families parked in their designated area and cheered each other on as they were recognized and presented with a family portrait and basket full of family friendly games, and trinkets to continue skills learned such as "child's" game or "parent's" game.

The Strengthening Families Program (SFP) is an evidence-based family skills training program for high-risk and general population families that is recognized both nationally and internationally. Parents and youth attend weekly SFP skills classes together, learning parenting skills and youth life and refusal skills. They have separate class training for parents and youth the first hour, followed by a joint family practice session the second hour.

Here's what our families had to say about their participation.

3 Things SFP **Helped Me With** "Focus on positive rather

- than negative traits in my child" "Limit the amount of
- punishment" "Family focused sessions"

"Strategies to yield wanted

3 Things I Learned

- behaviors"
- "The small rewards (hugs & kisses) are sometimes bigger and better than the rewards brought with money" "Give options sometimes and be
- specific"

Fairfield Behavioral Health gives a BIG THANKS to all seven families who participated and graduated from the program. The program only works as well as the people involved. A seventh cycle will be held virtually beginning on Monday, June 21, 2021. If you or anyone you know are interested in participating, please call us at (803) 635-2335.















Fairfield Behavioral Health Services