

Strengthening Families Program

Cycle 7 Drive-Thru Graduation

Fairfield Behavioral Health Services (FBHS) graduated five families from their Strengthening Families Program (SFP) on Sept. 14, 2021. The seventh cycle was a success with all families in attendance for their drive-thru graduation.

Veronica Dadzie-Edmonds, Strengthening Families Program Site Coordinator, hosted the graduation to thank all the Strengthening Families staff and families for their participation this cycle.

The families were all recognized individually and cheered on by the audience as they received a family portrait, certificate, cake, monetary incentive, and a basket full of family games and other activities to continue the learned skills from the program.

Vernon Kennedy, Sr., FBHS Executive Director and Strengthening Families Program Manager, thanked the families for participating in the program and encouraged them to recruit others so the program could continue to flourish. Superintendent Dr. J. R. Green spoke to the families and thanked them for taking the opportunity to enhance

their families. Strengthening Families Coach, Karen Dukes-Smith also gave brief words to the families, thanking them for participating and giving the program a chance. The staff were all presented with certificates of appreciation.

The Strengthening Families Program (SFP) is an evidence-based family skills training program for high-risk and general population families that is recognized both nationally and internationally. Parents and youth attend weekly SFP skills classes together, learning parenting skills and youth life and refusal skills. There is separate class training for parents and youth the first hour, followed by a joint family practice session the second hour.

Fairfield Behavioral Health gives a big thanks to all five families who participated and graduated from the program.

The program only works as well as the people involved. An eighth cycle will be taking place on October 18 of this year. If you or anyone you know may be interested in participating, please call us at (803) 635-2335.



Ginyard family



Watkins family



Watson family

3 Things SFP Helped Me With

- "New perspective on discipline/rewards"
- "SFP has helped me to understand my child on a personal level"
- "Conducting family meetings"

3 Things I Learned

- "I have learned that I am not the only parent with communication issues to resolve"
- "I have learned that the way that I communicate to my child affects the way that he communicates with me"
- "Using a chart or list to assist with task"

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For more information contact Fairfield Behavioral Health Services (803) 635-2335 www.fairfieldbhs.org