

SFP Drive-Thru Graduation

Fairfield Behavioral Health Services graduated 12 families on December 8, 2020 in a drive-thru graduation for the fifth cycle of their Strengthening Families Program (SFP). Hosted by site coordinator Veronica Dadzie-Edmonds, the graduation took place on location at Fairfield Behavioral Health Services. The families parked in their designated area and cheered each other on as each family was presented with a family portrait and an array of incentives. Cycle 5 was the second cycle to be completely virtual and was the first cycle to have 100 percent retention rate. Nine families had perfect attendance and the

remaining families only 1 absence. Vernon Kennedy, Sr. FBHS, Executive Director and SFP program manager, credited the success of this program to the outstanding work of SFP staff. He thanked the families for attending every night and offered any additional help they may need in the future.

The Strengthening Families Program (SFP) is an evidence-based family skills training program for high-risk and general population families that is recognized both nationally and internationally. Parents and youth attend weekly SFP skills classes

together, learning parenting skills and youth life and refusal skills. They have separate class training for parents and youth the first hour, followed by a joint family practice session the second hour.

As a part of the program, the families filled out a survey describing how well the program went for them. 100% of families said they would recommend a family to participate in SFP and were satisfied with the quality of services. 93% of families 'strongly agreed' they would contact Fairfield Behavioral Health Services if they ever needed assistance.

3 Things SFP Helped Me With

- “Being patient because it doesn’t happen overnight”
- “Learn to ignore unwanted behavior”
- “It helped me with strategies to reward positive behaviors”

3 Things I Learned

- “That ignoring bad behaviors is a proven strategy”
- “Having family meetings to discuss issues”
- “Being a good listener requires you to listen intentionally”



Badger Family



Edmonds Family



Robinson Family



Wright Family



Brown Family



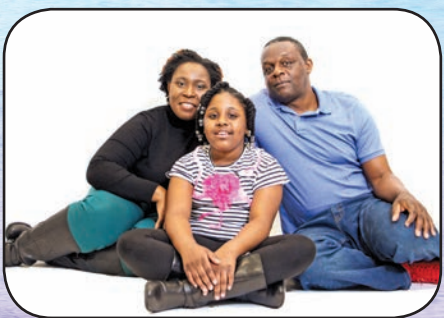
Graham Family



Walker Family



Perkins Family



Burt-Bignall Family



Hinnant Family



Worthy Family



Calvin Family

On behalf of Fairfield Behavioral Health Services, we would like to give a big **THANK YOU** to all families involved for making this cycle a unique success. Fairfield Behavioral Health Services will be hosting a sixth cycle in February 2021. If you are interested in participating, give us a call at (803) 635-2335.