

Children's Trust of South Carolina

***STRENGTHENING FAMILIES PROGRAM
INITIATIVE***

FAIRFIELD BEHAVIORAL HEALTH SERVICES

**YEAR 06 SUMMARY EVALUATION
REPORT**



Reporting Period:
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Submitted by:
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Table 2. FBHS SFP 2019 Year 06 Fidelity Rating by Domain with Comparison to CTSC SFP Years 03, 04, 05 & 06

Agency ID	# Cycles	Environment / Context	Population	Program	Staffing	Curriculum	Agency Mean
CTSC Y 03 Mean (N=17)	52	3.88	3.97	3.94	3.81	3.84	3.89
CTSC Y 04 Mean (N=21)	59	3.83	3.67	3.86	3.71	3.94	3.80
CTSC Y 05 Mean (N=21)	66	3.95	3.96	3.93	3.94	4.00	3.96
#9 FBHS	2	4.00	3.75	4.50	4.00	4.00	4.05
CTSC Y 06 Mean (N=27)	82	4.01	4.03	3.70	3.89	4.01	3.93

FBHS SFP exceeded the standards (3.75-4.74) for SFP fidelity with an overall CTSC SFP mean fidelity score of **4.05** (.12 percentage points higher than CTSC for Year 06 AND higher than previous Years 03-05). [Environment, Population, Program, Staffing, Curriculum]

CTSC SFP **Program Fidelity** achieved an overall rating of 3.70 for the 27 agencies and 82 cycles conducted during the Year 06 reporting period, a decrease from the Year 05 mean of 3.93. This score indicates that the CTSC SFP is operating with fidelity and “meeting standards.” The Program Fidelity score for **FBHS was, 4.50, "above program standards."** Program fidelity assessment includes the delivery of the program with all its component parts, providing a meal, offering incentives, providing child care and activities for children who are not attending the SFP6-11 skills groups, overall organization, and attendance and completion rates.

Table 10a. FBHS SFP 2019 Year 06 Family Retention Rate with Comparison to CTSC SFP Years 03, 04, 05 & 06

Agency ID	# Cycles	# Families Enrolled	# Families Completed	Family Retention Rate	Mean Number Families Completed/ Cycle
CTSC Year 03	52	536	465	86.75%	8.94
CTSC Year 04	59	606	501	82.67%	8.49
CTSC Year 05	66	686	564	82.22%	8.55
#9 FBHS	2	24	21	87.50%	10.50
CTSC Year 06 (N=27)	82	880	706	80.23%	8.61

Table 10b. FBHS SFP 2019 Year 06 Parent Retention Rates with Comparison to CTSC SFP Years 03, 04, 05 & 06

Agency ID	# Cycles	# Parents Enrolled	# Parents Complete	Parent Retention Rate	Mean Number Parents Completed/ Cycle
CTSC Year 03	52	715	622	86.99%	11.96
CTSC Year 04	59	817	680	83.23%	11.53
CTSC Year 05	66	934	773	82.76%	11.71
#9 FBHS	2	31	28	90.32%	14.00
CTSC Year 06 (N=27)	82	1,191	956	80.27%	11.66

Table 10c. FBHS SFP 2019 Year 06 Child Retention Rates with Comparison to CTSC SFP Years 03, 04, 05 & 06

Agency ID	# Cycles	# Youth Enrolled	# Youth Complete	Youth Retention Rate	Mean Number Youth Completed/ Cycle
CTSC Year 03	52	817	714	87.39%	13.73
CTSC Year 04	59	900	731	81.22%	12.39
CTSC Year 05	66	1,023	831	81.23%	12.59
#9 FBHS	2	42	35	83.33%	17.50
CTSC Year 06	82	1,296	1,040	80.25%	12.68

Table 13a. FBHS SFP 2019 Year 06 Curriculum Fidelity Measures Mean Score with Comparison to CTSC SFP Years 03, 04, 05 & 06: Quality of Delivery, Participant Responsiveness, Suitability of Curriculum Content, and Group Leader Preparedness

Agency ID	Total # Checklists	Quality of Delivery	Participant Responsiveness	Suitability of Curriculum	Group Leader Preparedness
Scale: 1- Strongly Disagree to 5- Strongly Agree					
CTSC Y 03 Mean	2,512	4.76	4.68	4.81	4.90
CTSC Y 04 Mean	2,901	4.76	4.70	4.79	4.88
CTSC Y 05 Mean	3,243	4.74	4.67	4.78	4.87
#9 FBHS	122	4.57	4.48	4.43	4.57
CTSC Y 06 (N=27)	3,454	4.71	4.64	4.76	4.86

Table 13b. FBHS SFP 2019 Year 06 Curriculum Fidelity Measures with Comparison to CTSC SFP Years 03, 04, 05 & 06: Adherence to Curriculum

Agency ID	Total # Checklists	Prescribed Session Content Covered (Percent)	Amount of Additions (Scale 1- Low to 5- High)	Amount of Deletions (Scale 1- Low to 5- High)	Amount of Adaptations/ Modifications (Scale 1- Low to 5- High)
CTSC Y 03 Mean	2,512	98.27%	1.15	1.12	1.21
CTSC Y 04 Mean	2,901	98.62%	1.17	1.10	1.17
CTSC Y 05 Mean	3,243	98.43%	1.16	1.15	1.14
#9 FBHS	122	95.49%	1.25	1.19	1.27
CTSC Y 06 (N=27)	3454	98.06%	1.13	1.09	1.13

The following summarizes the CTSC Curriculum Fidelity characteristics and measured findings for the CTSC SFP Year 06 cycles:

- In all cycles, the prescribed curriculums of *SFP6-11* were used with the parents and children meeting for a meal, followed by the parent and child skills training sessions, which were then followed by a family skills training session.
- ***FBHS SFP mean of 95.49% of the curriculum activities were reported to have been delivered, indicating extremely high adherence to the evidence-based model.***
- Quality of Delivery measured a mean of 4.57, with a range of 4.20-5.00, on a 5-point scale, with five being high.
- Participant Responsiveness with a mean of 4.48 with a range of 4.19-4.98 on a 5-point scale, ***as they were able to respond to and engage the participants.***
- On a 5-point scale with 5 being high score, Suitability of the Curriculum scored a mean score of 4.43 with a range of 4.42-4.99 for the CTSC SFP initiative, *indicating the*

curriculum is culturally congruent across Fairfield and among the varied races and ethnicities.

- On a 5-point scale with 5 being high score, Group Leader Preparedness scored a mean score of 4.57 with a range of 4.50-5.00, *indicating that the group leaders assessed that they were prepared and that they were able to answer questions from the participants.*
- There were negligible curriculum adaptations to the skills curriculum with a mean score of 1.25, with "1" being no changes to "5" being completely changed.
- There were negligible curriculum additions ($m = 1.25$) and deletions ($m = 1.19$), with "1" being no changes to "5" being completely changed.

Summary of CTSC SFP Year 06 Participant Satisfaction Findings

The Parent Satisfaction Survey included on the AGA Family Skills Parent Retrospection Questionnaire includes a nine question Participant Satisfaction section and is administered to all parents attending Session 13. A total of 818 parents responded across the 27 agencies and 82 CTSC SFP 2019 Year 06 cycles. The following are the findings regarding participant satisfaction with regards to program quality, usefulness, and satisfaction. The satisfaction survey findings include 24 surveys for FBHS.

Table 14a. FBHS SFP Year 06 Parent Satisfaction Rating: Parent Participation

Q 1. My opinions were respected and I participated in class discussions.

	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Completely	Mean
#9 FBHS	24	0	0	0	7	17	4.71
					29%	71% (100% combined)	
# CTSC Y6 Respondents	818	0	4	25	153	636	4.74
% CTSC Y6 Respondents	100.00%	0.00%	0.49%	3.06%	18.70%	77.75%	4.74

Table 14b. FBHS SFP Year 06 Parent Rating: Attempted to Used Skills

Q 2. I have tried to use the skills taught in this class.

	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Completely	Mean
#9 FBHS	24	0	0	0	9	15	4.63
					38%	63% (100% combined)	
# CTSC Y6 Respondents	818	0	3	52	362	401	4.42
% CTSC Y6 Respondents	100.00%	0.00%	0.37%	6.36%	44.25%	49.02%	4.42

Table 14c. FBHS SFP Year 06 Parent Rating: Already Used Skills

Q 3. I have been successful in implementing skills taught in this class.

	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Completely	Mean
#9 FBHS	24	0	0	4	14	6	4.08
					58%	25% (83% combined)	
# CTSC Y6	815	3	12	165	334	301	4.13

Respondents							
% CTSC Y6 Respondents	100.00%	0.37%	1.47%	20.25%	40.98%	36.93%	4.13

Table 14d. FBHS SFP Year 06 Parent Rating: Program Improved Family Functioning

Q 6. How much has this class helped your family?

	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Extremely Helpful	Mean
#9 FBHS	24	0	0	1	8	15	4.58
					33%	63% (96% combined)	
# CTSC Y6 Respondents	817	2	5	55	265	490	4.51
% CTSC Y6 Respondents	100.00%	0.24%	0.61%	6.73%	32.44%	59.98%	4.51

Table 14e. FBHS SFP Year 06 Parent Rating: Program Improved Parent Functioning

Q 7. How much has this class helped you as a parent?

	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Extremely Helpful	Mean
#9 FBHS	24	0	0	1	7	16	4.63
					29%	67% (96% combined)	
# CTSC Y6 Respondents	818	1	6	61	236	514	4.54
% CTSC Y6 Respondents	100.00%	0.12%	0.73%	7.46%	28.85%	62.84%	4.54

Table 14f. FBHS SFP Year 06 Parent Rating: Program Improved Child Functioning

Q 8. How much has this class helped your child?

	N	1 Not at All	2 Very Little	3 Somewhat	4 A lot	5 Extremely Helpful	Mean
#9 FBHS	24	0	0	3	14	7	4.17
					58%	29% (87% combined)	
# CTSC Y6 Respondents	817	3	11	109	362	332	4.24
% CTSC Y6 Respondents	100.00%	0.37%	1.35%	13.34%	44.31%	40.64%	4.24

Table 14g. FBHS SFP Year 06 Parent Rating: Interest in Continued Skills Classes

Q 4. Would you like to come back for refresher classes or family reunions?

	N	1 Yes, Weekly	2 Once a Month	3 Every 6 Months	4 Once a Year	5 Never	Mean
#9 FBHS	24	10	7	3	2	2	2.13
		42%	29%	13%	8%	8%	
# CTSC Y6 Respondents	800	230	153	173	176	68	2.62
% CTSC Y6 Respondents	100.00%	28.75%	19.13%	21.63%	22.00%	8.50%	2.62

Table 14h. FBHS SFP Year 06 Parent Rating: Recommend Program to Others

Q 5. Would you recommend this course to other families?

	N	1 Definitely Not	2 No	3 Maybe	4 Yes	5 Yes, Definitely	Mean
#9 FBHS	24	3	0	0	3	18	4.38
		13%			13%	75% (88% combined)	
# CTSC Y6 Respondents	816	37	1	13	89	676	4.67
% CTSC Y6 Respondents	100.00%	4.53%	0.12%	1.59%	10.91%	82.84%	4.67

Table 14i. FBHS SFP Year 06 Parent Rating: Overall Program Satisfaction

Q 9. Overall, how satisfied were you with this program?

	N	1 Not at All	2 Very Little	3 Somewhat	4 Well	5 Very Well	Mean
#9 FBHS	24	0	0	0	3	21	4.88
					13%	88% (100% combined)	
# CTSC Y6 Respondents	818	1	0	13	102	702	4.84
% CTSC Y6 Respondents	100.00%	0.12%	0.00%	1.59%	12.47%	85.82%	4.84