

Strengthening Families Program

A series of interactive, fun, family nights

Fairfield Behavioral Health completes Cycle 4 DRIVE-THRU Graduation from Strengthening Families Program

Seven special families enrolled in Cycle 4 of the Strengthening Families Program (SFP) at Fairfield Behavioral Health Services graduated on Tuesday, Sept. 1. The graduation was filled with excitement and the honking of horns at Fairfield Behavioral Health Services and hosted by the SFP Site Coordinator, Veronica Dadzie-Edmonds. Families were congratulated for learning the SFP skills and being willing to join the program.

Vernon Kennedy, Sr, FBHS Executive Director recognized all the SFP staff, especially Veronica Dadzie-Edmonds, the SFP Site Coordinator, and Karen Dukes-Smith, SFP Sr. Program Coordinator/Coach (dubbed Kaptain Fidelity).

“SFP is not just a program. It is a lifestyle,” Coach Karen said. “Share your experience with families to bring others to the program. You and this wonderful staff are strengthening families as well as communities. Keep using your skills and children keep reminding your parents about the skills”, she said.

The families were parked in their cars and called out one by one to be recognized by the staff. They were rewarded with family portraits and gift cards for perfect attendance, participation, and completing the program.

The graduation ended with the cars lining up together and leaving as they flashed their headlights and honked their horns.

Cycle 4 was particularly special because it was the first FULL virtual version of the highly successful program. Due to COVID-19 restrictions, Fairfield Behavioral Health was forced to complete the entire program (14 sessions) online via Zoom.

According to survey results, 100% of the families stated they would recommend a family to participate in the SFP program and that they were satisfied with the quality of services; 86% said the program was extremely helpful; 71% said the program was extremely helpful to them as a parent and helped their child; and 86% said they would be interested in coming back for a refresher call or family reunion.

SFP Helped Me:	3 Things I Have Learned
“Skills to encourage positive change”	“Reward good behavior”
“Better communication between my child and me”	“Setting limits”
“How to cope with emotions of stress from my family”	“How to conduct family meetings and use rewards”
“Provide specific details when giving directions”	“What works for one child may not work for the other child”

We would like to thank all staff and families involved with making this cycle a great success. Fairfield Behavioral Health Services will be hosting a fifth cycle in October, 2020. Anyone wishing to participate in the program please call (803) 635-2335.

For more info, call 635-2335, ext. 12



Fairfield Behavioral Health Services

Imagine the difference