

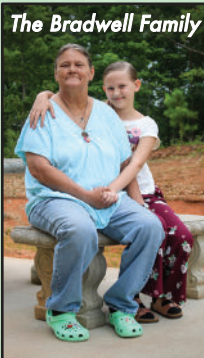
Strengthening Families Program

A series of interactive, fun, family nights out

The Kincade Family



The Bradwell Family



The Pringle Family



Fairfield Behavioral Health Services recently wrapped up its 3rd cycle of the Strengthening Families Program last week that included a class of seven families: 7 parents, 9 children (6-11 aged), and 3 teenagers. Due to the COVID-19 pandemic and CDC recommendations, third-way through the cycle we had to hold our sessions virtually via ZOOM. This particular cycle was unique because everyone involved had to adjust from face to face interaction to virtual interactions. The program was conducted in 3 different sessions: 6-11 year olds, teenagers, and adults. Each session was held twice a week for one hour and covered a variety of topics including: communication, respect, giving compliments, problem solving, reducing stress, anger management skills, and creating fun family traditions. The families were rewarded weekly for attending sessions and participation with praise, gift cards, and treats.

Strengthening Families Programs (SFP) is an evidenced-based prevention program proven to help families develop positive discipline practices, stay resilient in tough times, improve communications skills, and assist children with social skills, relationships, and school performance. Over the past 3 cycles, 28 families have graduated that included: 35 parents, 44 children ages 6-11, 9 children under 6; and 9 children 12 and older for a total of 97 with a combined graduation rate of 82% compared to the statewide goal of 80%. Sponsored by Children's Trust of South Carolina, Fairfield Behavioral Health Services is hosting its 4th cycle virtually which started on July 13th with 9 families. We still have room for 3 more families. Call today to register with Veronica Dadzie-Edmonds, (803) 635-2335 ext. 12 to participate in this current cycle or to be put on the waiting list for the next cycle.

Congratulations to following recent family graduates: the Bradwell, Evans, Kennedy, Kincade, Hill, Pringle & Trapp families!

The Kennedy Family



The Hill Family



The Trapp Family



The Evans Family

