Medication Assisted Treatment (MAT)

Here at Fairfield Behavioral Health Services, we believe that there are many roads to recovery that require support and involvement of others to improve and sustain a person’s drug free and healthy lifestyle. All treatment options should be considered when developing a person’s unique plan of care including proven medications for addiction treatment to aid OPIOID, ALCOHOL and TOBACCO Use Disorders.

MAT is “the use of medications, in combination with counseling and behavioral therapies, to provide a whole-patient approach to the treatment of substance use disorders.” –SAMHSA

The doctor will see you now!
Fridays
1:30 pm - 4:30 pm
Call today for an appointment!

Medications for Addiction Treatment

**Opioid Use Disorder**
Buprenorphine (Pill or Implant); Naltrexone (Oral or Injectable)
“Narcan spray available for clients at risk of opioid overdose”

**Alcohol Use Disorder**
Naltrexone (Oral or Injectable)

**Tobacco Use Disorder**
Chantix, Wellbutrin or Nicotine Replacement Therapies

Fairfield Behavioral Health Services
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Office Hours: Mon. & Thurs. 9 am - 8 pm & Tues., Wed. & Fri. 9 am - 5 pm

Mission: Dedicated to providing quality, accessible and affordable alcohol, tobacco and other drug intervention, treatment, prevention and education services to the residents of Fairfield County.

Basic Guidelines for Medication Assisted Treatment (MAT)

What You Can Expect:
• As a potential MAT client, you will meet with the MAT Case Manager to participate in a screening and to learn about our program as soon as possible following your initial assessment;
• If appropriate, the MAT Case Manager will set up an appointment for you with the doctor;
• You will meet with the doctor to review your medical history, complete a physical and discuss current opiate use to determine the appropriate use of medication as a component of your treatment;
• You will participate in treatment as recommended;
• You will meet the MAT Case Manager at least once per month;
• You will meet with the doctor at least once a month. All appointments with the doctor will be scheduled through the MAT Case Manager;
• You will submit random drug screens administered by MAT Case Manager, in addition to other treatment drug screens, to monitor medication and other drug use that may compromise your safety

Upon Completion of Recommended Treatment You Will:
• Attend 1 hour of individual or group therapy per month for purpose of check-in and support
• Meet with the MAT Case Manager and the doctor monthly;
• Submit random drug screens as requested.

What You Need to Know About MAT:
• Any medication prescribed is part of a comprehensive individualized treatment plan that includes counseling, as well as, other evidence-based practices;
• Social support, through formal Mutual-Aid groups or by other means, is key to long-term success and is recommended for all clients participating in treatment;
• There is a potential for relapse and overdose on discontinuation of the medication;
• There is significant risk for overdose if Opioid use is resumed after a period of sobriety because tolerance levels change rapidly.