Join the Voices of Recovery Speak Up! Reach Out!

September is designated as National Recovery Month. Recovery is not just about abstinence but it is a process towards healthy lifestyle changes and participation in community support groups during and following treatment. Recovery Month spreads the positive message that behavioral health is essential to overall health. Families play an important role in the life of a loved one with addiction problems. Prevention works, treatment is effective and people can and do recover, especially with family support and participation in their recovery. Addiction is a treatable disease, just like diabetes. We can help! Whether it is alcohol, tobacco, other drugs, gambling or even behavioral problems our licensed, certified, and trained staff is dedicated to providing confidential, evidenced-based, best practice, accessible and affordable services.

In honor of Recovery Month Fairfield Behavioral Health Services is planning the following activities and events:
- Weekly articles in local newspaper
- Daily Inspirational Quotes and Recovery Stories on our Website: www.fairfieldbhs.org
- Celebrate Recovery Month Resource Booklets
- Writing Contest for Middle and High School Students (check with your Guidance Department)
- Recovery Health Seminar on Tuesday, September 30th 9:30 am – 2:00 pm. $15.00 registration fee
- Issue a Request to Submit alcohol, tobacco and other drug recovery stories until 5:00 pm September 19, 2014

Celebrate Recovery:
- Share your recovery story and encourage others to do the same
- Plan a recovery month event
- Help someone you know enter treatment and recovery
- Attend or host a support group meeting
- Reduce your alcohol and other drug use
- Educate yourself on alcohol, tobacco and other drug problems AND addiction
Fairfield Behavioral Health Services

Presents

Recovery Month Essay Contest

Participants must be in 7th grade or higher.

Topic: What does recovery from alcohol, tobacco and other drugs mean to you?

In paper define recovery and talk about how drug use of a loved one or friend has impacted your life positively or negatively. If that person has stopped using drugs talk about the benefits.

Criteria
- 5 points - Complete and sign the cover sheet
- 5 points - Typed, double spaced
- 5 points - 1½ -2 pages in length
- 10 points - Free of spelling errors
- 15 points - Free of grammatical errors
- 60 points - Cover the topic (Please do not use real names!)

Essays are due September 12, 2014 by 5pm. Send essays to fbhs.essaycontest@fairfieldbhs.org
Include in the email your name and grade level. Not in the paper.

Prize: $25.00 to be awarded to one student from Fairfield Middle School, one from Fairfield Central High School, and one from Richard Winn Academy.

One winner will also be asked to attend our Recovery Health Seminar/Luncheon on September 30th to read their award winning essay.
Fairfield Behavioral Health Services
Presents
Recovery Month Essay Contest

COVER SHEET

Print name of student: ____________________________________________

Address: _______________________________________________________

Phone Number: __________________________________________________

School attending: ________________________________________________ Age: ____ Grade: ____

Essay Checklist:

Criteria

☐ Complete and sign the cover sheet

☐ Typed, double spaced

☐ 1½ -2 pages in length

☐ Free of spelling errors

☐ Free of grammatical errors

☐ Cover the topic (Please do not use real names!)

imagine the difference

200 CALHOUN STREET ∙ PO BOX 388 ∙ WINNSBORO, S.C. 29180
PHONE: (803) 635-2335 ∙ FAX: (803) 635-9695
WEBSITE: www.fairfieldbhs.org
CELEBRATE RECOVERY!!!
Join the Voices of Recovery Speak Up! Reach Out!

Share My Recovery Story

Please submit your recovery story using the following information to be printed in a special edition of the local paper. Stories will be accepted until 5:00 pm, September 19, 2014.

Mail complete story to: Recovery Story P.O. Box 388 Winnsboro, SC 29180

1. Name:
2. How long have you been in recovery?
3. What was your drug of use?
4. How long did you use that drug before getting help?
5. What occurred in your life that resulted in your decision to choose recovery?
6. What and who helped you the most?
7. What are you doing to maintain a life of recovery?
8. How often do you share your story with others?
9. What would you say to someone who is using, abusing or addicted to drugs?
10. What would you say to families of people who is using, abusing or addicted to drugs?
11. I ____________________,_____________________ give Fairfield Behavioral Health Services permission to use my recovery story in local media.

Print Name  Signature
Recovery Health Seminar

Join the Voices of Recovery: Speak Up! Reach Out!
In honor of National Recovery Month

Tuesday, September 30, 2014
9:30 am – 2:00 pm

Carolina Event Center
1126 US Highway 321 Bypass South, Winnsboro

In partnership with

*Alcohol Education ● *Alcohol Intervention ● *Merchant Education ● *Tobacco Education ● Parenting ● Anger Management ● Life Skills ● *Certified Substance Abuse Professional Service (DOT required) ● Evidenced Based Prevention Program ● Evidenced Based Treatment Practices ● *Alcohol, Drug and Safety Action Program (DUI Relicensing) ● Adolescent, Adult and Family Counseling ● Gambling Addiction Services ● Offender Based Intervention ● Faith Based Initiative ● On-Site Drug Screening ● EAP Programs ● Annual 5K Run Walk

$15 advanced registration & fee required – Limited seats available

Register Deadline: 5:00 pm, Friday, September 19, 2014

Business Vendor Registration (10 Slots ONLY): $40 for 1 display table & 1 seminar seat

No candidate for 2014 Election will be allowed to campaign or reserve a vendor table

Mail registration and fee to: P.O. Box 388 Winnsboro, SC 29180 or come by the office at 200 Calhoun Street - 635-2335

Please Initial One: Seminar Only - $15.00 ____ Vendor and Seminar - $40 ____

Name: First ____________________ Last ___________________

Address: ____________________________________________

City: __________________ State: ____ Zip: ____________

Email: __________________________________________

Telephone Number: ________________________________

Business/Faith Based Org.: __________________________

How did you hear about this event?: __________________

Fairfield Behavioral Health Services

Dedicated to providing quality, accessible and affordable alcohol, tobacco and other drug intervention, treatment, prevention and education services to the residents of Fairfield County.